


NEWSLETTER

July 2023

Summerville Healthcare, (071)912 8430



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Editor's Desk

Hello Residents, Families and Friends!

Hope you enjoy reading about the happenings here at Summerville and other.

trivia facts. Keep Safe!

Charlotte Probst



July Trivia

July was named by the Roman Senate in honor of the Roman general, Julius Caesar, it being the month of his birth. Prior to that, it was called Quintiles.

Zodiac signs: **Cancer & Leo**
Birthstone: **Rubies**
Flower: **Water Lily**

Quote of the Day

*Faith is the bird that
feels the light when
the dawn is still
dark.*

– Rabindranath Tagore

Who's in the spotlight.

Activity Spotlight 1

Kathleen, singing with her daughters “the screaming orphans” as they gave us a live performance on their return from touring the U.S, this was a momentous day and enjoyed by everyone.



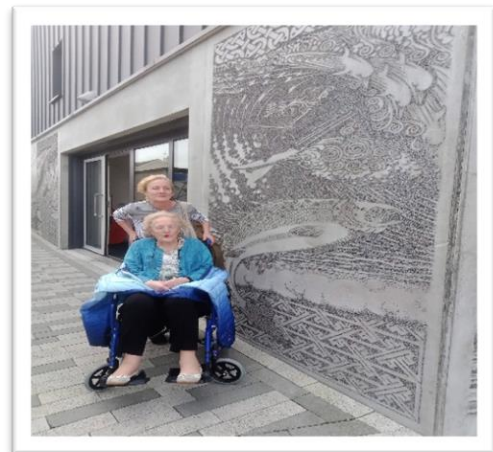
Activity Spotlight 2

We had the projector up in the aquarium room for the world cup Ireland V Australia, not the result Colm, Gabriel and Noel were looking for 1-0 to Australia. But we look forward to the rest of the matches

COYGIG ■ ■

Activity Spotlight 3

Bride and Patricia at the murals on the new center of excellent in Strandhill, a bit windy but enjoying time outdoors.



Mammy Johnston's Trip



Maurice and Chris



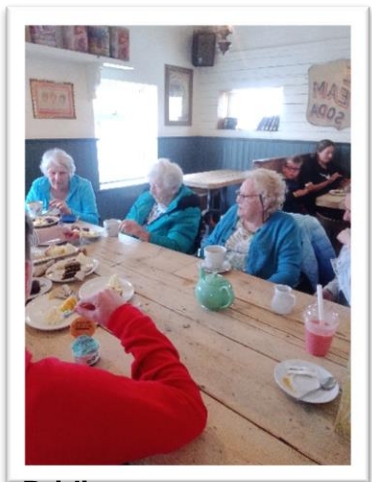
Marie



All aboard, Doreen, Teresa, and Terry



Irene and Bridie enjoying their tea.



Liz, Terry, Bridie



Maire, Mary,

Upcoming Events

Residents meeting

Thursday 6th of July 2pm, back sitting room

Mammy Johnson's

Thursday 6th and 20th of July 11am,

Mass

Thursday 6th of July 3:00pm, Recreation Area



Regular Events

Catholic in-house Mass once a month

Hairdresser every Tuesdays and Thursday from 11am

Bingo! Every Friday @ 2pm

Services for church of Ireland members is the first Tuesday of the month.



Special Days

- 1st Canada Day
- 1st International Joke Day
- 4th Independence Day US
- 7th World Chocolate Day
- 14th Bastille Day (France)
- 24th Cowboy Day
- 30th Friendship Day

July 2023

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

Hope you are all having a lovely summer from all at Summerville

room visits @11am 1	room visits @11am 2
mass on TV in lobby @11 	Mass on T.V @11am 
Baking @ 11:30	mediation at 11:30 am
nails @ 12am	ball games @2pm
arts and crafts @2pm	

Chair Exercise @11:30am 3 Men's club with Fionnuala volleyball @2pm	Yoga @11am 4 Flowers @2pm Music @3pm	Room visits @10am 5 Chair Exercise @11:30am volleyball @2pm	room visits @10am 6 *Mammy Johnsons*@11:30 resident meeting@ 2pm in house Mass	Room visits @10am 7 Chair Exercise @11:30am Bingo @2pm	room visits @11am 8 mass on TV in lobby @11 Baking @ 11:30 nails @ 12am arts and crafts @2pm	room visits @11am 9 Mass on T.V @11am mediation at 11:30 am ball games @2pm
Chair Exercise @11:30am 10 Men's club with Fionnuala volleyball @2pm	Yoga @11am 11 Flowers @2pm Quiz @3pm	Room visits @10am 12 Chair Exercise @11:30am volleyball @2pm	Room visits @10am 13 Baking@11:30am Music @3pm with Aileen	Room visits @10am 14 Chair Exercise @11:30am Bingo @2pm	room visits @11am 15 mass on TV in lobby @11 Baking @ 11:30 nails @ 12am arts and crafts @2pm	room visits @11am 16 Mass on T.V @11am mediation at 11:30 am ball games @2pm
Chair Exercise @11:30am 17 Men's club with Fionnuala volleyball @2pm	Yoga @11am 18 Flowers @2pm Music @3pm with Ice Cream party	Room visits @10am 19 Chair Exercise @11:30am volleyball @2pm	room visits @10am 20 *Mammy Johnsons*@11:30 resident meeting@ 2pm in house Mass	Room visits @10am 21 Chair Exercise @11:30am Bingo @2pm	room visits @11am 22 mass on TV in lobby @11 Baking @ 11:30 nails @ 12am arts and crafts @2pm	room visits @11am 23 Mass on T.V @11am mediation at 11:30 am ball games @2pm
Chair Exercise @11:30am 24 Men's club with Fionnuala volleyball @2pm	Yoga @11am 25 Flowers @2pm Music @3pm	Room visits @10am 26 Chair Exercise @11:30am volleyball @2pm	Room visits @10am 27 Baking@11:30am Music @3pm with Aileen	Room visits @10am 28 Chair Exercise @11:30am Bingo @2pm	room visits @11am 29 mass on TV in lobby @11 Baking @ 11:30 nails @ 12am arts and crafts @2pm	room visits @11am 30 Mass on T.V @11am mediation at 11:30 am ball games @2pm
Chair Exercise @11:30am 31 Men's club with Fionnuala volleyball @2pm	The perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawnmower is broken.					

July Birthdays

In July, we celebrate birthdays with:

- **Doreen Hunter**
- **Anne Kelly**
- **Christine Kennedy**
- **Veronica Tierney**
- **Maura Leydon**

Please join us in the recreation room on the first Sunday
In July to celebrate!



Princess Diana, 1st of July 1961

Olivia De Havilland, Actress, 1st July 1916

Tom Cruise, Actor, 3rd July 1962

Ringo Starr, Musician, 7th July 1940

Tom Hanks, Actor, 9th July 1956

Harrison Ford, Actor, 13th July 1942

Stanley Kubrick, 26th July 1928

Mick Jagger, 26th July 1943

Arnold Schwarzenegger, Actor, 30th July 1947

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Leo (July 23 – August 22)

Leos are natural born leaders. They can achieve anything they commit to.

WOW!

Bikini Swimsuit Makes a Bold Debut - On July 5, 1946, the revolutionary bikini swimsuit made its bold debut, challenging societal norms and forever transforming the landscape of beach fashion. This daring two-piece garment sparked both shock and admiration, leaving an indelible mark on popular culture and becoming an iconic symbol of liberation and self-expression.

Poem to Share

Hope is the Thing with Feathers

Emily Dickinson

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,

And sweetest in the gale is heard.
And sore must be the storm.
That could abash the little bird.
That kept so many warm.

I've heard it in the chilliest land,
And on the strangest sea.
Yet, never, in extremity,

It asked a crumb of me.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Frank Gillen**
- **Carmel Patten**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also to those who have who joined our team in the past few months!

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Noreen Mc Garry**

CONTINUOUS IMPROVEMENT

Residents, families, and friends are reminded that there are a number of avenues available for you to express your views, suggestions, and complaints.

There are feedback forms available in the Aquarium Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems, and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Thank you!

Noticeboard



THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we very much appreciate your time and energy.

HAIRDRESSER

We have a hairdresser who attends every Tuesday and Thursday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

CULTURAL CELEBRATION

We celebrated mass on the 6th July 16, 2023. Fr Leo presided.

Laughing Matters



Makeover Gone Wrong

In surgery for a heart attack, a middle-aged woman has a vision of God by her bedside.

“Will I die?” she asks.

God says, “No. You have 30 more years to live.”

With 30 years to look forward to, she decides to make the best of it. Since she’s in the hospital, she gets breast implants, liposuction, a tummy tuck, hair transplants, and collagen injections in her lips. She looks great!

The day she’s discharged, she exits the hospital with a swagger, crosses the street, and is immediately hit by an ambulance and killed.

Up in heaven, she sees God. “You said I had 30 more years to live,” she complains.

“That’s true,” says God.

“So, what happened?” she asks.

God shrugs. “I didn’t recognize you.”

Short Jokes

Teacher: “Really, Tommy, your handwriting is terrible. You must learn to write better.”

Tommy: “Well, teacher, if I did, you would find fault with my spelling!”

Silence is golden until you have children, then silence is very suspicious.

Poems of Friendship

Friendship

Anon

The best of friends can change a frown,
Into a smile, when you feel down.

The best of friends, will understand,
Your little trials and lend a hand.

The best of friends, will always share,
Your secret dreams because they care.

The best of friends, worth more than gold,
Give all the love, a heart can hold.

On Friendship

Anon

Could we but draw back the curtain,
That surrounds each other's lives,

See the naked heart and spirit.
Know what spur the action gives.

Often, we would find it better,
Purer than we think we would.

We would love each other better,
If we only understood.