

Summerville Newsletter

May to July 2015 Issue 32

August Bank Holiday Weekend Entertainment

**Saturday August 1st at
11.30a.m.**

Yeats readings

Sunday August 2nd at 3p.m.
Siamsa Music

Monday August 3rd at 3p.m.
Music with Paddy Kelly



Summerville Healthcare is open 10 years since May. We will have an occasion to mark this milestone soon.... Watch this space!

Note from the Director

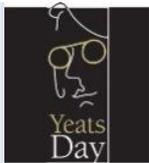
We are now in the summer months I have been here with you all 10 months how time has flown. I really enjoy our residents and family meetings and we take on board all your views next meeting for Family and residents is 20th August. I welcome our new residents Olive Mc Kinley, Jim Donahue and Rita Kielty. We plan in August to have another resident and family satisfaction survey. *Caroline Thomas*



IRISH TV

LOCAL STORIES - GLOBAL AUDIENCE

Irish TV (Sligo) recorded a programme here in Summerville during Nursing Homes Ireland week. We will let you know the date and time it is to be shown



William Butler (WB) Yeats was born in Dublin 150 years ago on June 13th 1865. His Mother, Susan, came from a wealthy Sligo family who owned a milling and shipping business. Soon after William's birth the family lived for a time at the Pollexfen home (now Nazareth house) with her extended family. The young poet came to think of the Sligo as his childhood and spiritual home. In later years he spent time at Lisadell house with the Gore-Booth's. The landscape of Sligo inspired many of his poems including 'The Fiddler of Dooney', 'Lake Isle of Innisfree', 'Down by the Sally Gardens', 'Under Benbulbin'. As part of the 'Tread Softly 150' festival, a reading of his poetry will take place here in Summerville on Saturday August 1st at 11.30am. If you would like a copy of any of his poems or have any requests for readings or would like to do a reading yourself, talk to Nora (Activities Co-ordinator).

Our Garden is taking shape. The weather has not been in our favour to take full advantage of it yet, but hopefully we will have some nice days before autumn arrives.

Our garden furniture should be here in the next week.



Enjoying skittles in the garden

Activities

Monday

Sonas
Board Games
Singalong

Tuesday

Arts/Crafts
Keep Fit
Irish therapy dog
1st Tuesday each month Church of
Ireland Service

Wednesday

Social Morning including Knitting,
Library, Classical Music
Legion of Mary
Quiz
Ball Games

Thursday

Sonas
Baking
Keep fit to Music

Friday

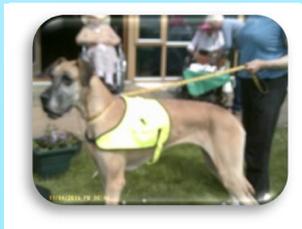
Hair by Monica
Manicure by Nora
Bingo
Taste of baking

Saturday

Mass with Fr Leo

Sunday

Movie Afternoon
*Additional activities will be displayed on the
notice board*



Farah – Therapy Dog

Muhhamad Ali

Take a few cups of love,
One teaspoon of patience,
One tablespoon of generosity,
One pint of laughter,
One quart of intelligence,
One sprinkle of concern,
And then mix willingness and lots of faith.
Mix it all up.
Spread it over the span of a lifetime,
And serve it to each and every deserving person
you meet.



***We would like to take this opportunity to remember
our residents who passed away***



Raphael O Rourke

15/04/1920 - 18th March 2015
Age 94

Roger Eames

03/09/1923 - 31st March 2015
Age 91

Ronald Nairn

10/11/1940 - 25st April 2015
Age 74

Mary Hannaway

19/02/1930 - May 1st 2015
Age 85

Brenda Anderson

20/5/1923 - May 1st 2015
Age 91

Elizabeth (Betty) Higgins

29/05/1928 - June 27th 2015
Age 87

Rest in Peace.

We will miss you dearly.





HAPPY BIRTHDAY!

May:

Fr Richard Young
Harry Johnston
M.A. (May) McGowan

June:

Jim Donoghue
Padraic McNulty

July:

Marion Collery
Chris Higgins

August:

Peter Osborne
Monica (Mona) Fitzsimmons
Michael Joe Ward
Sheila Quinn

Students from Summerhill presenting us with a bird house they made for us.



New Physio Room

The Wounds of Love.

Those who care about others pick up a lot of wounds.

There may be no great wounds,
only a multiplicity of little ones –
a host of scratches, wrinkles and warts.

But there can also be a lot of invisible wounds:

The furrows left on the mind and the heart
by hardship, worry and anxiety,
disappointments, ingratitude and betrayal.

These wounds are not things to be ashamed of.

They are badges of honour.

They are proof of our love.

Jesus didn't hide his wounds.

Neither should we.

By His wounds, we are healed.

Fr. Leo Henry.

'MORE THAN A HERO'
Muhammad Ali's Life Lessons
By Hana Ali

Float like a butterfly
Sting like a bee
Your hands can't hit
What your eyes can't see.

Silence is golden when you can't think of a good answer.

I don't have to be what everyone else wants me to be.

I am free to be who I want to be.

Love is a net that catches hearts like a fish.

Its isn't the mountains ahead to climb that wear you out;

It's the pebble in your shoe.

Wisdom is knowing when you can't be wise.

This book is in our library if you wish to read more.

Tongue Twisters



Try some of these tongue twisters..

I thought a thought. But the thought I thought wasn't the thought I thought I thought. If the thought I thought I thought had been the thought I thought, I wouldn't have thought so much.

I scream, you scream, we all scream for icecream!

One-one was a race horse.

Two-two was one too.

One-one won one race.

Two-two won one too

Six sleek swans swam swiftly southwards

How many cookies could a good cook cook if a good cook could cook cookies? A good cook could cook as much cookies as a good cook who could cook cookies.

Meaning of Phrases

CUT AND RUN

In an emergency rather than haul up an anchor the sailors would cut the anchor cable then run with the wind.

DON'T LOOK A GIFT HORSE IN THE MOUTH

This old saying means don't examine a gift too closely! You can tell a horse's age by looking at its teeth, which is why people 'looked a horse in the mouth'.

GOODBYE

This is a contraction of the words God be with ye (you).

LET THE CAT OUT OF THE BAG

This old saying is probably derived from the days when people who sold piglets in bags sometimes put a cat in the bag instead. If you let the cat out of the bag you exposed the trick.

MAD AS A HATTER

This phrase comes from the fact that in the 18th and 19th century's hat makers treated hats with mercury. Inhaling mercury vapour could cause mental illness.

RED HERRING

Poachers and other unsavoury characters would drag a herring across the ground where they had just walked to throw dogs off their scent. (Herrings were made red by the process of curing).

STRIKE WHILE THE IRON IS HOT

This phrase comes from the days when blacksmiths lifted iron objects from the furnace and hammered it. They could only hammer the object into shape while the iron was hot, before it cooled down.

BAKERS DOZEN

A baker's dozen means thirteen. This old saying is said to come from the days when bakers were severely punished for baking underweight loaves. Some added a loaf to a batch of a dozen to be above suspicion