

Summerville Newsletter

ISSUE 31 MARCH / APRIL 2015

Physio Room Relocated

We are in the process of relocating the Physiotherapy room to a new area that once formed part of the Recreation room. The Physio room has been relocated to accommodate a new bedroom. Work is due for completion in mid March.

We are working to keep the noise and disturbance to a minimum and we thank you for your patience during construction.

Residents' Family Meeting

From 26th of March 2015 we will be holding a monthly Family /Resident representative meeting. This meeting will give the family member the opportunity to have an input and to get more involved in the Residents' experience.

We would like family members to participate also in spot checks; for example, attending lunch with your relative (unannounced to staff). This will allow us to get your perspective and feedback on the Residents' dining experience.

This meeting is open to all family members and or representatives. If you would like to partake please give your names to Nora our Activities Coordinator.

Upcoming Events



Saturday 14th at 4:15pm
St. Patrick's Day Mass with
Fr. Leo Henry

Monday 16th at 2:30pm
Music Afternoon with
Meaheal & Friends



Arrangements for Easter Services

Stations of the Cross
will be televised in the
Lobby on Good Friday
3rd April 2015.
Time to be confirmed

Easter Mass
will be celebrated on

Saturday
4th April 2015
at 4:15pm

Celebrant
Fr. Leo Henry

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Residents Meeting Minutes

Residents Meeting held Wednesday 15th January 2015

19 Residents in Attendance with Activities Coordinator Nora as Chairperson.

Christmas Party Feedback

Residents agreed that the party was great and that they enjoyed the music, food and entertainment.

Christmas Dinner

Residents thought that the Christmas dinner was lovely however one Resident felt that they could have done with a few 1/2 Whiskies afterwards.

Actions: After Christmas dinner alcoholic beverages were offered to Residents. However some Residents were unable to receive said beverages as their medication and care plan did not allow it. We endeavour to meet Residents requests where possible.

Daily Menu - Choices

Some Resident stated that the porridge is lovely in mornings however some would like to see the following on the menu:

Steak option -T-Bone or Sirloin with Onions, Fish as a more frequent soft dinner option & Smaller portion of porridge.

Actions: This feedback has been given to the Kitchen and requests will be accommodated.

Heat - Are Bedrooms, Lobby, Sitting Rooms and Dining Room comfortable?

There were mixed opinions on heat in the home. Some felt that the bedrooms and lobby were too warm while others felt that the bedrooms were cooler than the lobby and cool at night. With others stating that if the cold snap continues we may need to turn heat up.

In general most find all room very comfortable

Actions: Depending on the outside temperature the heat in the communal areas is altered accordingly. We will monitor the communal temperature to ensure that Residents are comfortable at all times. Each bedroom has an adjustable thermostats on the radiator allowing Residents to individually adjust the temperature setting to suit their needs. We will ensure that all Residents thermostats are set to their liking.

Suggestions for New Activities

Residents would like to see Easter activities include card making and baking & decorating of an Easter Cake. They would also like to have Snakes & Ladders and Lupo included in the board games choice.

Actions: Plans are in place to bake and decorate a Simnel Easter cake along with Easter crafts. Also Pancakes have been made and flipped on pancake Tuesday. Snakes & Ladders and Scrabble have been included into the board game choice.

Any Other Business

One Resident would like more walks.

Actions: This request has been and will continue to be facilitated

The next Residents Meeting will take place on Wednesday 11th March 2015 @ 2:30pm.

10 Questions

- Q1: What profession did Handel originally study?
Q2: Who did James Bond marry - character - (both names)?
Q3: St Peter was the first Pope - Who was second?
Q4: La Gioconda is better known as what?
Q5: In what town was Leonardo Da Vinci born?
Q6: Whose nickname was slowhand (both names)?
Q7: What's the correct name for golf club called Texas Wedge?
Q8: Jamie Farr played what role in MASH?
Q9: Hey Big Spender comes from what musical?
Q10: What is dittology?

Answers on the bottom of page 4.

Reflection

The Cross – Our Symbol of Hope.

The cross is our most precious symbol.
It is the first sign put on us in baptism.
Many people wear a cross around their neck
As a protection against evil.
The cross stands on top of our churches
And will stand vigil over our graves.
The cross is a symbol of hope and love.
It is a symbol of love because it reminds us
That Jesus laid down his life for us.
And it is a symbol of hope
Because in it
We see the light of Easter.

*May you unite your sufferings to those of Jesus
And know His power in your weakness.*

Fr. Leo Henry.

Message from Caroline Thomas D.O.N.

We are now approaching the end of March and I have been 6 Months in Summerville with you. I find it hard to believe, I feel it's been a lot longer.

I would like to take this opportunity to welcome our new Residents Dermot Greeny, Roger Eames, Joan White and Mary White. I hope like all of our Residents they will be happy and make Summerville their home with us.

We have made a few changes in the Dining Room. You will see that menus will have food allergens recorded on the back. This should be in place next week. You will also notice that for Breakfast the dining room is now set up differently and as Residents we encourage you to sit where you like.

We also have a breakfast menu which includes scrambled eggs. Please feel free to order as they are a nutritious start for the day.

I am in the process of going through all your care plans with yourselves and your families, I still have many to update. I ask that your families let me know when they are available to see me and I will allocate time which is suitable for them.

The staff and myself wish to thank all the Doctors this month Dr Devins, Dr Tobin, Dr Brennan, Dr O Connor, Dr Russel, Dr R Quinn, Dr Hayes for the excellent care they have given to our Residents as we have had many Residents who required their support this month.

Should you have any concerns or issues please do not hesitate to speak to me.

Caroline Thomas
Director of Nursing

Answers to 10 Questions

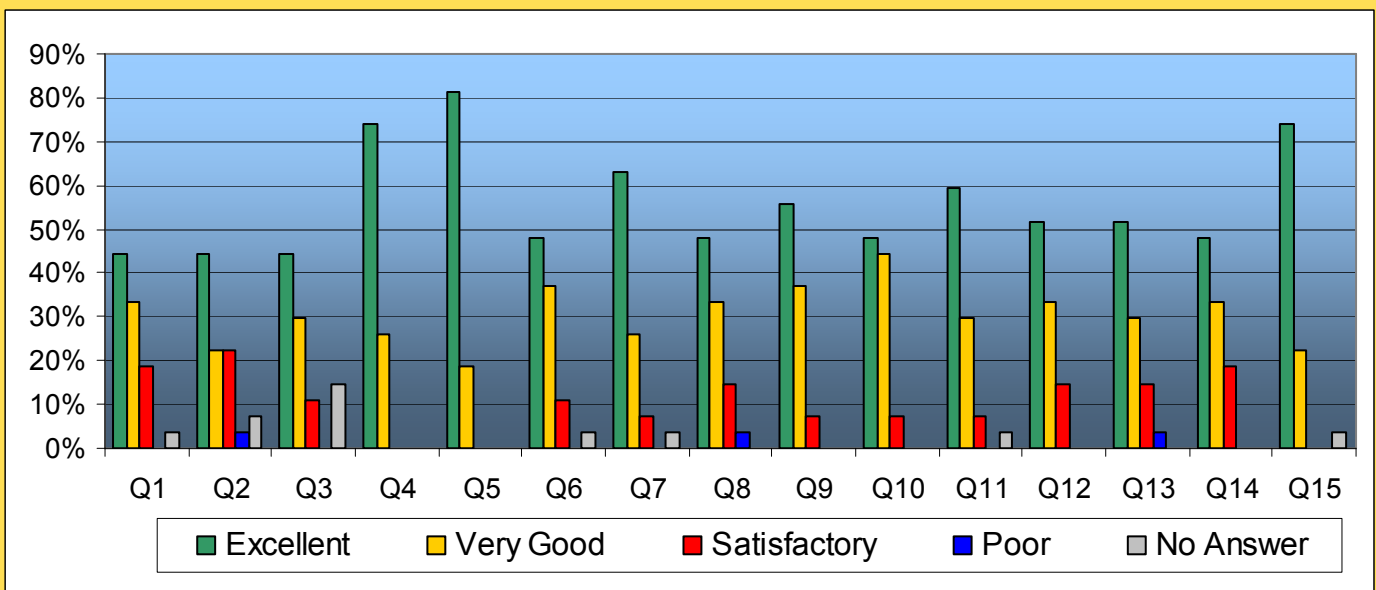
A1: The Law, **A2:** Theresa Draco, **A3:** St Linus, **A4:** Mona Lisa, **A5:** Vinci, **A6:** Eric Clapton, **A7:** Putter, **A8:** Corporal Clinger, **A9:** Sweet Charity, **A10:** Double meaning

Resident / Family Feedback Survey Results

In January we asked Residents and or their Family to complete a feedback form. The form was used to collect information as to how the home is performing.

The Following are the questions that were asked with the results of same set out in the graphs below.

- Q1 Quality of Food
- Q2 Quantity of Food
- Q3 Service in Dining Room
- Q4 Cleanliness and hygiene of bedroom
- Q5 Cleanliness and hygiene of home
- Q6 Attendance to personal needs (i.e. the care provided)
- Q7 In terms of comfort, warmth etc. How would you describe the home?
- Q8 Dealing with your problems?
- Q9 Respect for your property?
- Q10 Respect for your privacy?
- Q11 How would you say your spiritual needs are provided for?
- Q12 Respect for choice?
- Q13 Do you feel you are treated as an individual?
- Q14 Are you happy with the activities and social interactions?
- Q15 How do you think we look after visitors to your home?



Question	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14	Q15
Excellent	44%	44%	44%	74%	81%	48%	63%	48%	56%	48%	59%	52%	52%	48%	74%
Very Good	33%	22%	30%	26%	19%	37%	26%	33%	37%	44%	30%	33%	30%	33%	22%
Satisfactory	19%	22%	11%	0%	0%	11%	7%	15%	7%	7%	7%	15%	15%	19%	0%
Poor	0%	4%	0%	0%	0%	0%	0%	4%	0%	0%	0%	0%	4%	0%	0%
No Answer	4%	7%	15%	0%	0%	4%	4%	0%	0%	0%	4%	0%	0%	0%	4%

Averages	
Excellent	56%
Very Good	30%
Satisfactory	10%
Poor	1%
No Answer	3%

Of the 27 forms that were returned the overall results showed the majority felt our services were either excellent or very good. We will continue to keep our standards at the level you expect and will now focus our attention on the areas where improvement is needed. We would like to thank everyone who participated in the survey and welcome any further suggestions or concerns you or your family may have.

Remembrance

We would like to take this opportunity to remember those Residents who passed away during the months of January & February

Patrick Walsh

March 1925 - 5th February 2015
age 89

Johnny Middleton

August 1916 - 19th February 2015
Age 98

Pat Shanley

September 1932 - 19 February 2015
Age 82

Eileen Smith

December 1925 - 24 February 2015
Age 89

Rest in Peace

We will miss you dearly

Happy Birthday

June Gaynor	2nd March
Patricia Ruane	8th March
William Ward	10th March
Padraic Harte	21st March

Annie Brady	3rd April
Sarah McLoughlin	7th April
Brendan Morris	9th April
Mary Kavanagh	15th April
Raphael O'Rourke	15th April

Laughter is the Best Medicine

- Q: What happens to a frog's car when it breaks down?
A: It gets toad away.
- Q: Did you hear about the kidnapping at school?
A: It's okay. He woke up.
- Q: What did the green grape say to the purple grape?
A: "Breathe!"
- Q: Can a kangaroo jump higher than the Empire State Building?
A: Of course. The Empire State Building can't jump.
- If you ever get cold, just stand in the corner of a room for a while. They're normally around 90 degrees!



My wife is the boss but I always have the final word!



Yes dear

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